

Nutrition Facts

Per 1 cup (227g) serving

Amount	% Daily Value
Calories 286	
Total Fat 19 g	29 %
Saturated Fat 13 g + Trans Fat 0 g	66 %
Cholesterol 45 mg	
Sodium 800 mg	33 %
Total Carbohydrate 19 g	6 %
Dietary Fibre 3 g	11 %
Sugars 11 g	
Protein 9 g	
Vitamin A:	9 %
Vitamin C:	2 %
Calcium:	15 %
Iron:	5 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.