



Soup Nutsy®

PURVEYOR OF WORLD GOURMET SOUPS

STEEL CUT OATMEAL

Nutrition Facts

Per 1 serving (227 g)

Amount	% Daily Value
Calories 190	
Total Fat 3.5 g	5 %
Saturated Fat 0.5 g + Trans Fat 0.0 g	3 %
Cholesterol 0 mg	
Sodium 5 mg	0 %
Total Carbohydrate 32 g	11 %
Dietary Fibre 6 g	22 %
Sugars 0 g	
Protein 8 g	
Vitamin A:	0 %
Vitamin C:	0 %
Calcium:	2 %
Iron:	15 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.