

Nutrition Facts Per 1 cup (227g) serving

Amount	% Daily Value
Calories 124	
Total Fat 1 g	1 %
Saturated Fat 0 g + Trans Fat 0 g	0 %
Cholesterol 0 mg	
Sodium 500 mg	21 %
Total Carbohydrate 24 g	8 %
Dietary Fibre 3 g	12 %
Sugars 4 g	
Protein 5 g	
Vitamin A:	53 %
Vitamin C:	18 %
Calcium:	7 %
Iron:	5 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.