

## Nutrition Facts Per 1 cup (227g) serving

Amount	% Daily Value
Calories 125	
Total Fat 2 g	3 %
Saturated Fat 0 g + Trans Fat 0 g	2 %
Cholesterol 0 mg	
Sodium 840 mg	35 %
Total Carbohydrate 23 g	8 %
Dietary Fibre 5 g	21 %
Sugars 9 g	
Protein 5g	
Vitamin A:	31 %
Vitamin C:	11 %
Calcium:	9 %
Iron:	9 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.